

Packing List - Northern Cheyenne Homelands

Packed in Carry-On Day Pack

- Rain jacket
- Toiletries in a toiletry bag
- Water bottle (empty)
- Spare underwear and socks
- Writing supplies; journals will be provided
- Ball cap/sun hat
- sunglasses
- wallet/money/ID

Packed in One Checked Luggage (Duffle Bag or Small Suitcase)

- 4 pairs of light/midweight athletic socks
- 4 pairs of underwear
- Bathing suit
- Lightweight hiking boots or sneakers, ideally waterproof (if not wearing on travel day)
- 1 pair of long pants (athletic type or hiking/outdoor pants)
- 3-4 pair of shorts
- 1 long sleeve shirt
- 4 T-shirts
- 1 pair of pajamas/sleeping clothes
- Thermal underwear (optional, for sleeping purposes; monitor overnight temperatures)
- Warm hat (optional for evenings/nights; monitor overnight temperatures)
- Backup footwear and/or shower shoes
- headlamp or flashlight
- Bath towel

*one hoodie sweatshirt will be provided



The Lodge Approach

Collaborative Action Through Inquiry