

Packing List: Northern Cheyenne Homelands and Yellowstone National Park

Wear comfortable clothes for travel and participating in outdoor events as soon as we land and arrive at the Northern Cheyenne Homelands. Some adjustments may be made when the forecast is available.

Suggested clothes to wear on airplane:

- ☐ Long pants (athletic type or hiking/outdoor pants)
- ☐ Sweatshirt or fleece
- ☐ Lightweight hiking boots or trail shoes (keep in mind that the ground can often be muddy – waterproof shoes are ideal)
- ☐ Light-mid weight athletic or hiking socks (smartwool are best)

Packed in Carry-On Luggage

- ☐ Rain gear
- ☐ Toiletries: toothbrush, toothpaste, deodorant, Chapstick, sunscreen, etc. (All liquids must be 3oz or less and packed in a single quart-sized, clear, zip-locked bag.)
- ☐ Water bottle (empty)
- ☐ Airplane entertainment (books, games, optional phone or MP3 player if helpful for travel, headset)
- ☐ Spare underwear and socks
- ☐ Writing supplies; journals will be provided.
- ☐ Ball cap/sun hat
- ☐ Chargers for devices (if applicable)
- ☐ Portable Charger (recommended since limited outlets are available on the trip)

Packed in One Checked Luggage (Duffle Bag or small Suitcase)

This is in addition to clothes worn or packed in carry-on luggage. Laundry will not be available.

**See important notes on back regarding rain protection, risks of cotton clothing and spending money.*

- ☐ 6 pairs of athletic socks*
- ☐ 6 pairs of underwear*
- ☐ Bathing suit
- ☐ 3 pairs of long pants*
- ☐ 2 pair of shorts*
- ☐ 2 long sleeve shirts*
- ☐ 6 T-shirts*
- ☐ Pajamas/sleeping clothes
- ☐ Thermal underwear
- ☐ Fleece or warm pullover; a hoodie will be provided (At some points, we will be at higher elevation. Temperatures could be colder than expected.)
- ☐ Warm hat
- ☐ Extra sneakers or athletic-type shoes
- ☐ Additional toiletries
- ☐ Toiletries bag (Optional. You'll be walking to/from bathrooms from campsite/cabin.)
- ☐ Bath towel (Optional to bring an additional towel to take with you to the sweat lodge.)
- ☐ Shower shoes
- ☐ Kippah
- ☐ Shabbat clothing - camp-style. (No need to dress very fancy, but something a little nicer than what you'll wear each day. Boys might want nicer jeans/khaki pants. Girls might want a comfortable skirt or dress.)
- ☐ Travel-size prayer book, tefillin, (optional)
- ☐ Spending money for souvenirs*
- ☐ Sleeping bag and sleeping pad
- ☐ Small day back (for hiking/lunches)
- ☐ Headlamp or small flashlight - Do not plan to just use the flashlight on your phone

IMPORTANT NOTES for Outdoor Clothing:

Things to consider when selecting outdoor clothing:

- 1. Dress in layers appropriate for the season (see weather below)**
- 2. Have a rainproof outer layer**
- 3. Avoid cotton.**

Best material for outdoor clothing:

Cotton is to be avoided. If it becomes wet, it loses all its insulation capability and becomes worse than nothing. It also takes a long time to dry, and our laundry facilities will be limited.

Nylon sport pants or hiking pants are optimal; *polypropylene* long underwear is an ideal baselayer and for sleeping outdoors. Smartwool socks wick sweat away and are more comfortable when walking or hiking.

Rain protection:

Rain jacket with hood or outer waterproof shell; rain pants are optional but not absolutely necessary as long as pants are hiking style and rated as wicking or water resistant; if opting for rain pants, look for “waterproof” and “breathable.”

Luggage:

Choose a durable piece of luggage that can get dirty and wet. We’ll be camping often (weather permitting.) Your luggage may not always be in the tent with you, might be stored in the van, get rearranged, etc.

Weather:

As you pack, you might want to check the weather for Lame Deer, MT (Northern Cheyenne Homelands), Gardiner, MT (Yellowstone National Park), and Livingston, MT (Camp Luccock). Temperatures and weather systems can fluctuate a great deal from one location to the next and can vary quite widely in YNP. Generally, in all of these locations, for early September, you can anticipate **highs in the mid-70s and lows in the low 40s to upper 30s**.

Money:

Students only need a modest amount of money to buy souvenirs on the Northern Cheyenne Homelands and/or at Yellowstone National Park. They will not need to pay for elements of the trip. Please consider sending as a cash card rather than cash, if possible.